

# MY GENAI COMPANION!

Selecting one of the two options for each of the four areas in the Foresee Framework - Confidence, Competence, Criticality and Context - will provide you with one of 16 unique combinations of characteristics related to your holistic position on Generative AI, which can be used to help you reflect on how this might impact your work and professional identity moving forward, identify any development needs you feel you might have in relation to this technology, and consider where your stance on GenAI fits within the context of the wider team or organisation you work within.

As a starting point, check out the next section of this guide, which will show you what your **GenAl Companion** is, based on the unique combination of responses you have selected in relation to the **Foresee Framework** - see what you think!





#### The Cautious Cat

Cautious - Novice - Sceptical - Limited

Cats are known for their cautious and curious nature, exploring their surroundings with careful consideration. You approach generative Al cautiously, acknowledging your novice skills. Sceptical about its implications, you foresee limited influence on your current work position and career path.



### The Attentive Beaver

Cautious - Novice - Sceptical - Significant

Beavers are pioneers in constructing their intricate dams, displaying diligent yet pioneering behaviour. Taking a cautious stance, your novice skills align with a sceptical outlook. Despite scepticism, you anticipate significant influence on your work position and career paths.



### The Tootling Turtle

Cautious - Novice - Embracing - Limited

Turtles are known for their slow exploration, representing a tentative yet steadfast approach. Exploring generative AI cautiously with novice skills, you embrace its potential. However, you foresee limited influence on your current work position and career path.



### The Open Octopus

Cautious - Novice - Embracing - Significant

Octopuses explore the depths of the ocean with a free mind, aligning exploration and a curious approach. Cautiously embracing generative Al with novice skills, you maintain an open and positive attitude. Expecting significant influence, you actively explore its benefits.



# The Sceptical Fox

Cautious - Advanced - Sceptical - Limited

Foxes are clever and known for their hesitant behaviour, questioning their surroundings with a cautious approach. With advanced skills, you approach generative Al cautiously, questioning its implications.

Anticipating limited influence, you maintain a reserved outlook.



### The Questioning Elephant

Cautious - Advanced - Sceptical - Significant

Elephants, wise and cautious, embody suspicions of all things they do not know while navigating their surroundings with expertise. Proficient with advanced skills, you remain cautious and sceptical about generative Al. Despite reservations, you predict significant influence on your work and career.



### The Cautious Koala

Cautious - Advanced - Embracing - Limited

Koalas are cautious climbers, although they exude expertise in navigating their environment with care. They are also not averse to the occasional snooze to mull things over. Despite advanced skills, you approach generative AI cautiously. Embracing its potential, you predict limited influence on your current work position and career.



### The Exploring Eagle

Cautious - Advanced - Embracing - Significant

Eagles, known for their expertise in soaring through the skies, embody an adventurous approach combined with climbing high to see the wood for the trees. Proficient with advanced skills, you cautiously embrace generative Al's potential. Expecting significant influence, you actively explore its benefits.



#### The Confident Chameleon

Confident - Novice - Sceptical - Limited

Chameleons, despite being in new and varied environments, exude confidence and above all adaptability. Feeling confident despite novice skills, you maintain scepticism toward generative Al and expecting limited influence, you approach its usage with care.



#### The Bold Bison

Confident - Novice - Sceptical - Significant

The Bison is bold and pragmatic in their actions but can remain headstrong and unconvinced until something proves its worth.

Confident despite novice skills, you hold a sceptical view on generative Al. Anticipating significant influence, you navigate with caution.



## The Composed Cheetah

Confident - Novice - Embracing - Limited

Cheetahs, confident and fast explorers even in the face of new tasks, symbolize a swift and positive approach to their actions. Confident with novice skills, you actively embrace generative Al. However, you foresee limited influence on your current work position and career.



# The Championing Coyote

Confident - Novice - Embracing - Significant

The Coyote is one of the most adaptable and skilled survivors in the animal kingdom embodying intelligence and curiosity, even if they are a novice at tasks. Feeling confident with novice skills, you enthusiastically embrace generative Al. Expecting significant influence, you enjoy exploring its potential.



### The Careful Crow

Confident - Advanced - Sceptical - Limited

Crows, confident and sceptical, display intelligence while approaching situations with caution. Confident and proficient with advanced skills, however this is balanced with a scepticism toward generative Al and its impact.



# The Adept Armadillo

Confident - Advanced - Sceptical - Significant

Armadillos, adept and cautious, symbolize skilful navigation in the face of doubt.

Confident with advanced skills, you still hold a sceptical view on generative Al and its impact.

Despite scepticism, you foresee significant influence and navigate this adeptly.



### The Maestro Mountain Lion

Confident - Advanced - Embracing - Limited

Mountain lions, confident and expert explorers, represent a combination of confidence and expertise. Confident with advanced skills, you embrace generative Al. However, expecting limited influence, you remain to be convinced of its significance towards your current situation.



# The Optimistic Owl

Confident - Advanced - Embracing - Significant

Owls, wise and optimistic, embody expertise while maintaining an observant outlook.

Confident and proficient, you enthusiastically embrace generative Al. Anticipating significant influence, you navigate with expertise and optimism.